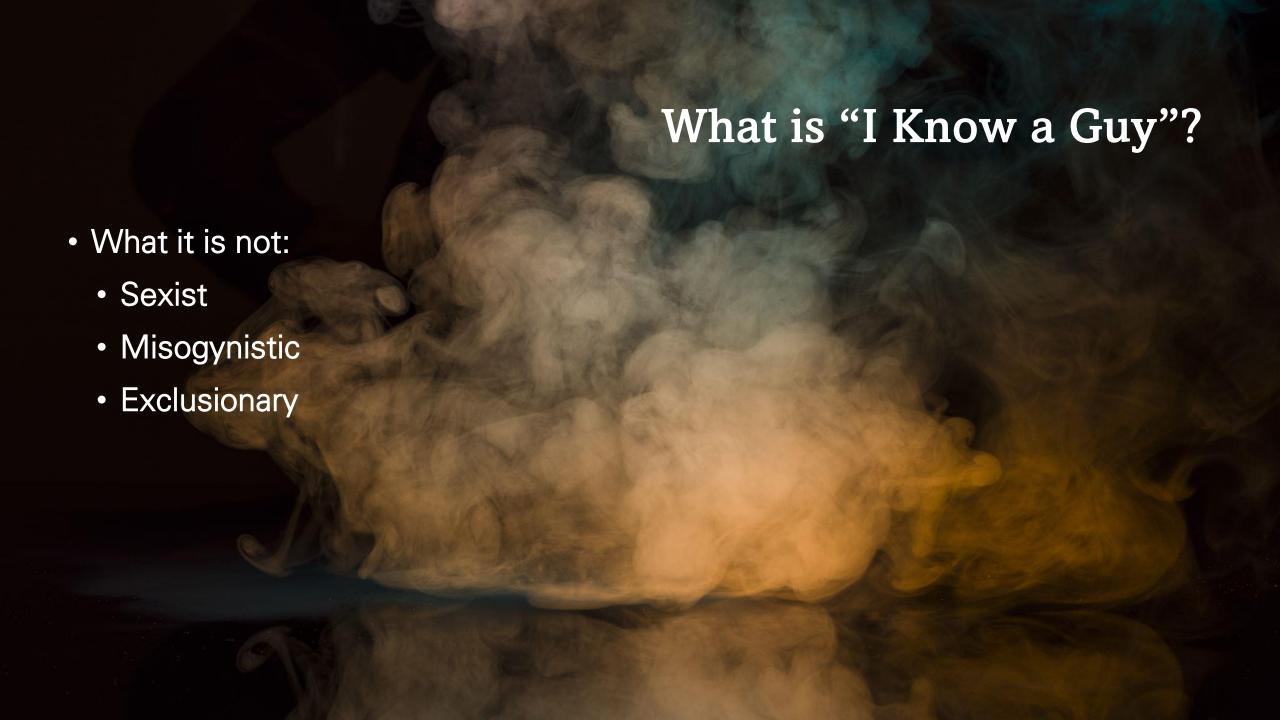


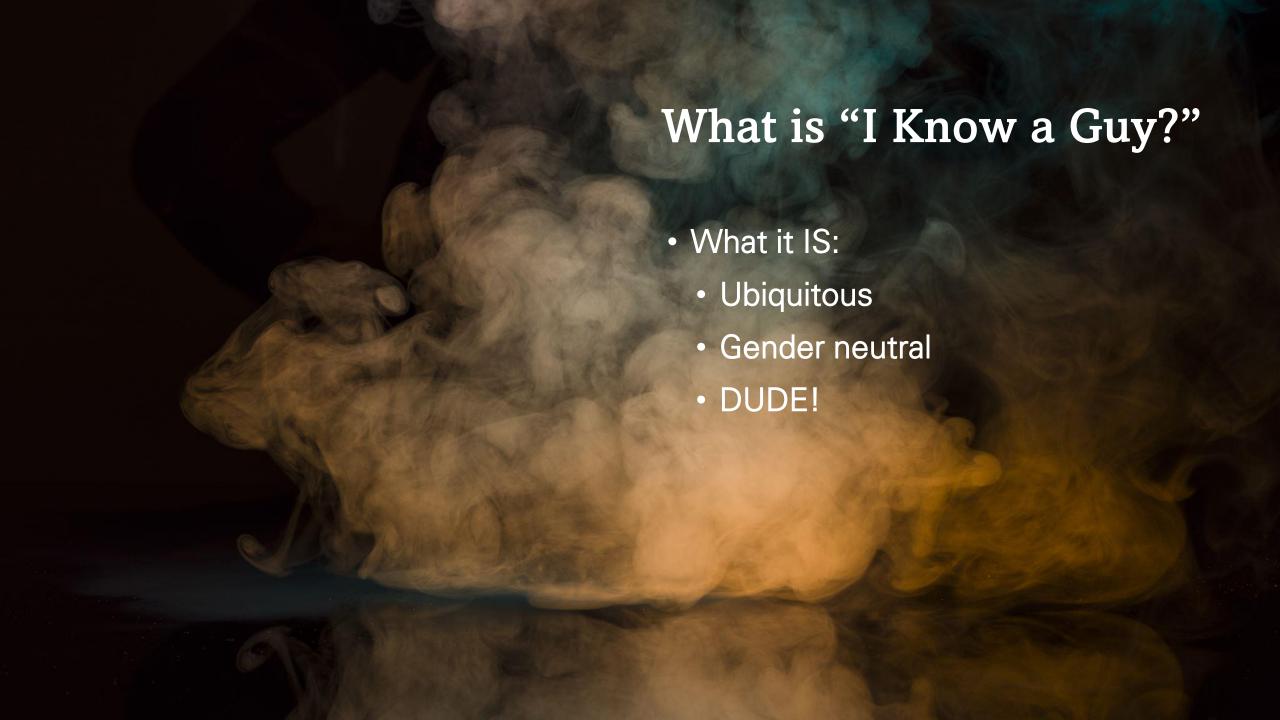
- Associates in Nursing (RN)
- Bachelors in Psychology
- Masters in Emergency Preparedness
- Graduate of Master
 Exercise Practitioner
 Program, National
 Emergency
 Management
 Advanced & Executive
 Academies

- Retired Army (Medic/LPN)
- Volunteer Firefighter (31 years)
- Team Rubicon IMT
- Former City/County Fire Chief
- Former City/County
 Emergency Manager
- Former Small Business Consultant for LTC
- Current Healthcare Emergency Preparedness Consultant

Objectives

- 1. At the end of our discussion, we will understand what "I Know a Guy" means and how it applies to facility and community resiliency after a disaster.
- 2. At the end of our discussion, we will have clear guidance on how to build "I Know a Guy" relationships through outreach, training, and exercises, while simultaneously meeting CMS guidelines on emergency preparedness.
- 3. At the end of our discussion, by way of story-time, we will have an understanding on how the "I Know a Guy" principle was used in real-world events at the regional, local, and facility level.
- 4. At the end of our discussion, as time allows, you will join in on a moderated discussion on how to build relationships and increase resiliency at the facility level.





Blue-Sky vs Gray-Sky



- Blue-Sky Events
 - Things we do when there isn't an emergency
 - Training
 - Exercise
 - Plan Reviews/Updates
 - Relationship Building
 - Public Outreach

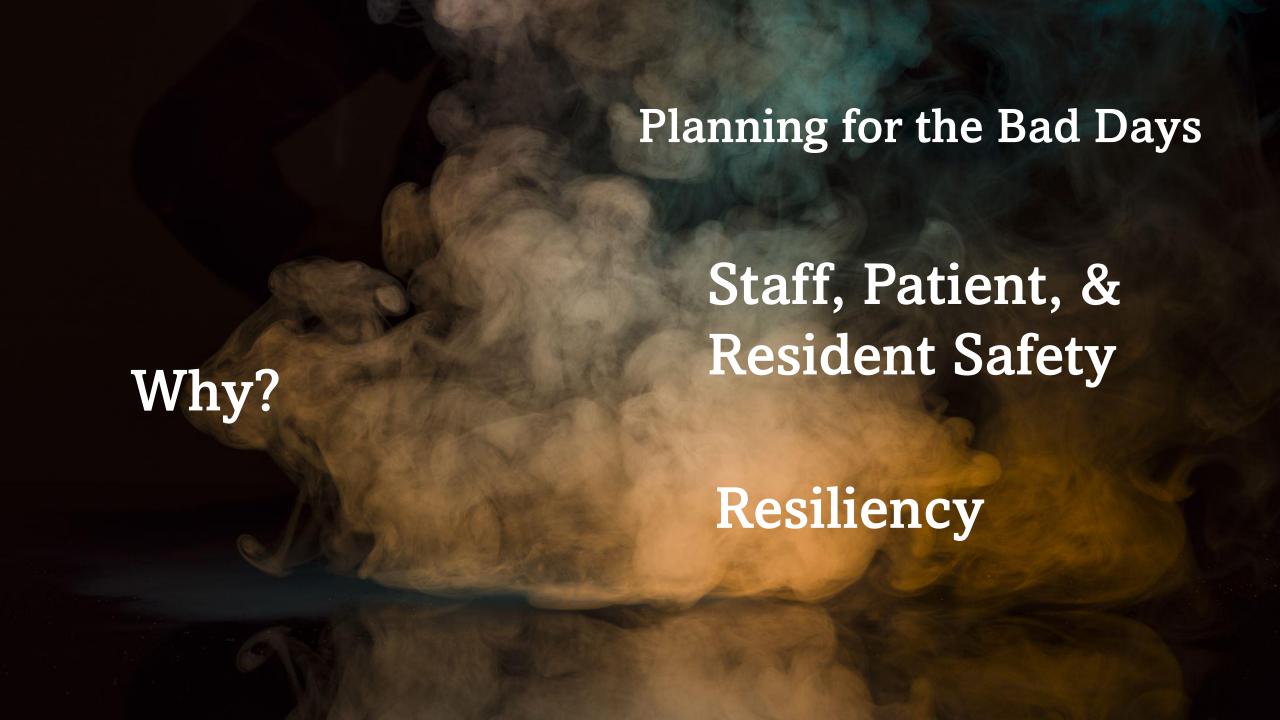
Blue-Sky vs Gray-Sky

- Things we do when a disaster or emergency happens:
 - Response -
 - Protection of life/Life-saving
 - Incident stabilization
 - Protection of facility/infrastructure



Building Relationships

- How do we build relationships?
 - GET TO KNOW YOUR NEIGHBORS
 - Who has skid steers/heavy equipment
 - Where can you do commercial amounts of laundry
 - Who can provide refrigerator/freezer access
 - Who has manpower to move people, beds, food, etc.
 - Who can provide meals if you lose food production capability
 - Even in the largest of communities, LTC and hospitals are a cornerstone of the community





Why is Resiliency Important?

 Continuity of Care – Continuing to provide the best care to the most people for the longest amount of time.

 Continuity of Operations – Continuing to maintain the business aspect of the facility.

• Quality of Life – Ensuring minimal disruption of day-to-day life to our residents

• Economic Stability - Ensuring our staff remains gainfully employed and we provide services/employment to our communities





What do we plan for?

NATURAL & MANMADE HAZARDS

- Wind Events
- Extreme Temps
- Utility Failures
- Active Threats
- Cyber

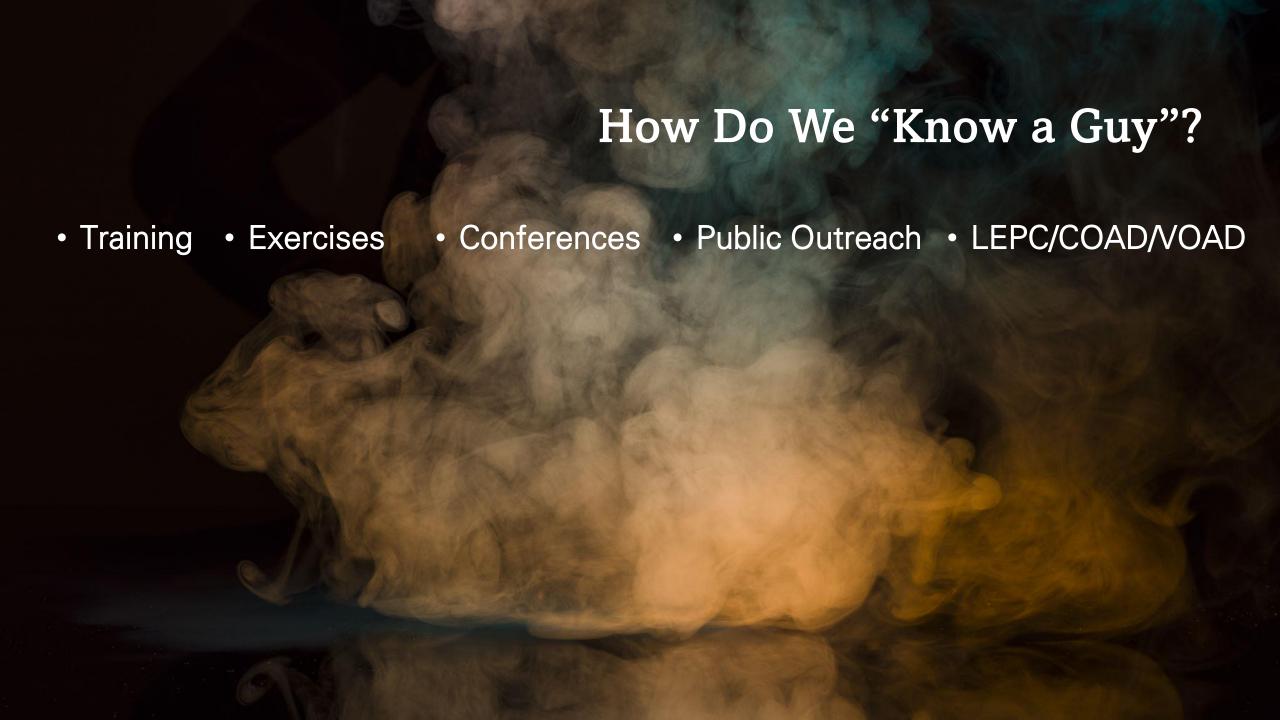
THIRA/HVA

- THIRA Threat & Hazard Identification & Risk Assessment
 - Is also done at the city/county/regional level
 - Easily adaptable to healthcare facilities
- HVA Hazard Vulnerability Analysis
 - Similar to the THIRA
 - Focused more on healthcare/healthcare facilities



How Do We "Know a Guy"?

















Review What should we plan for? Why should we be resilient? How do we know a guy?



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