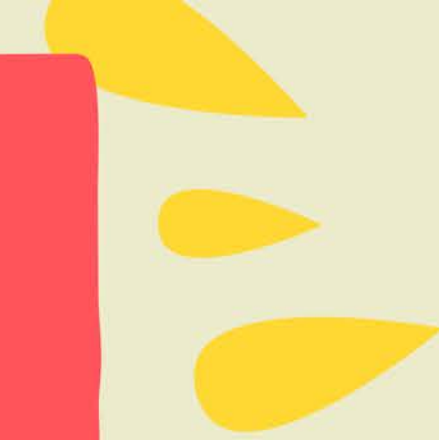
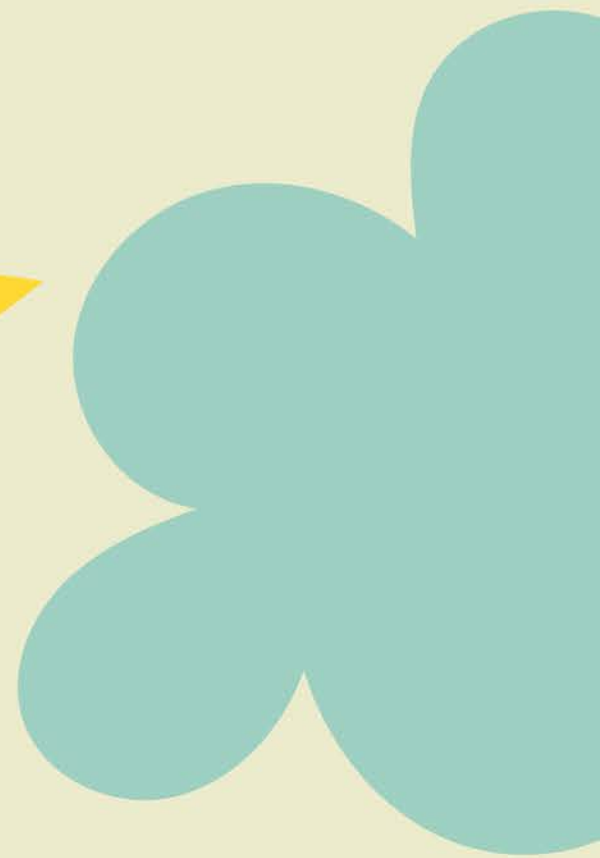
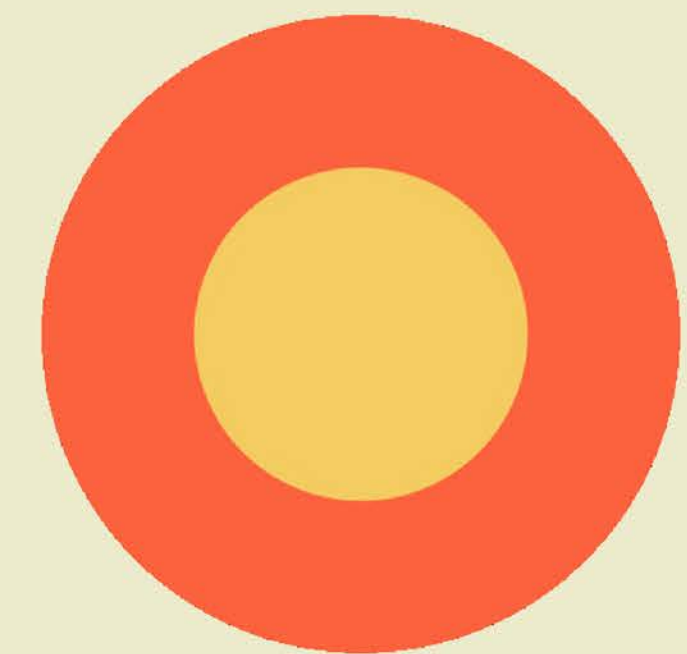


Life After Covid: I've Seen the Future & It's Fun Shaped

ACTIVITY PROGRAMMING
PRESENTATION



REGIONAL ACTIVITY CONSULTANT

FOR THE GATESWORTH
COMMUNITIES

*Parc Provence

*McKnight Place Assisted Living & MC

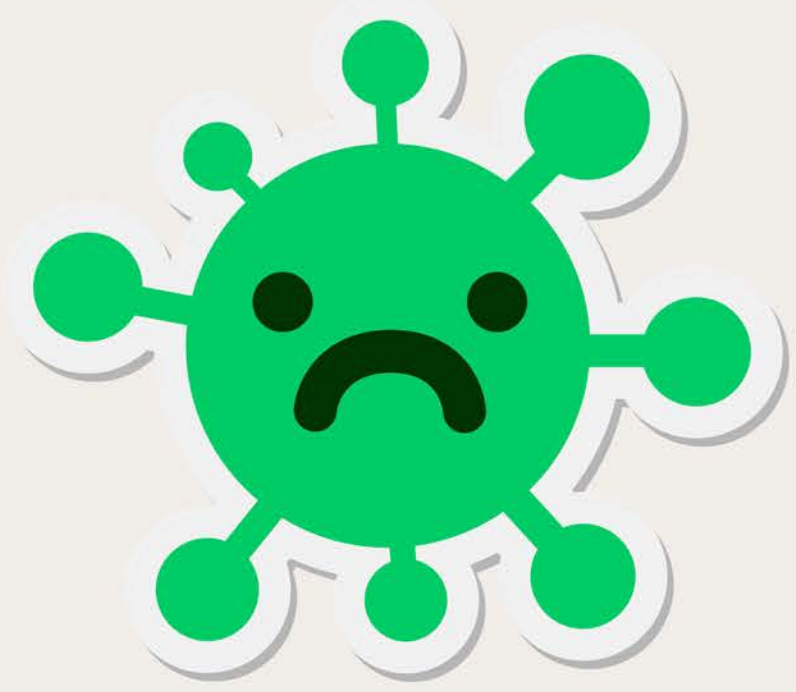
*Gatesworth

*McKnight Place Extended Care

ACTIVITY
DIRECTOR
SINCE 1998



SHELLY MCGUIRE



COVID CHANGES

SOCIAL DYNAMICS

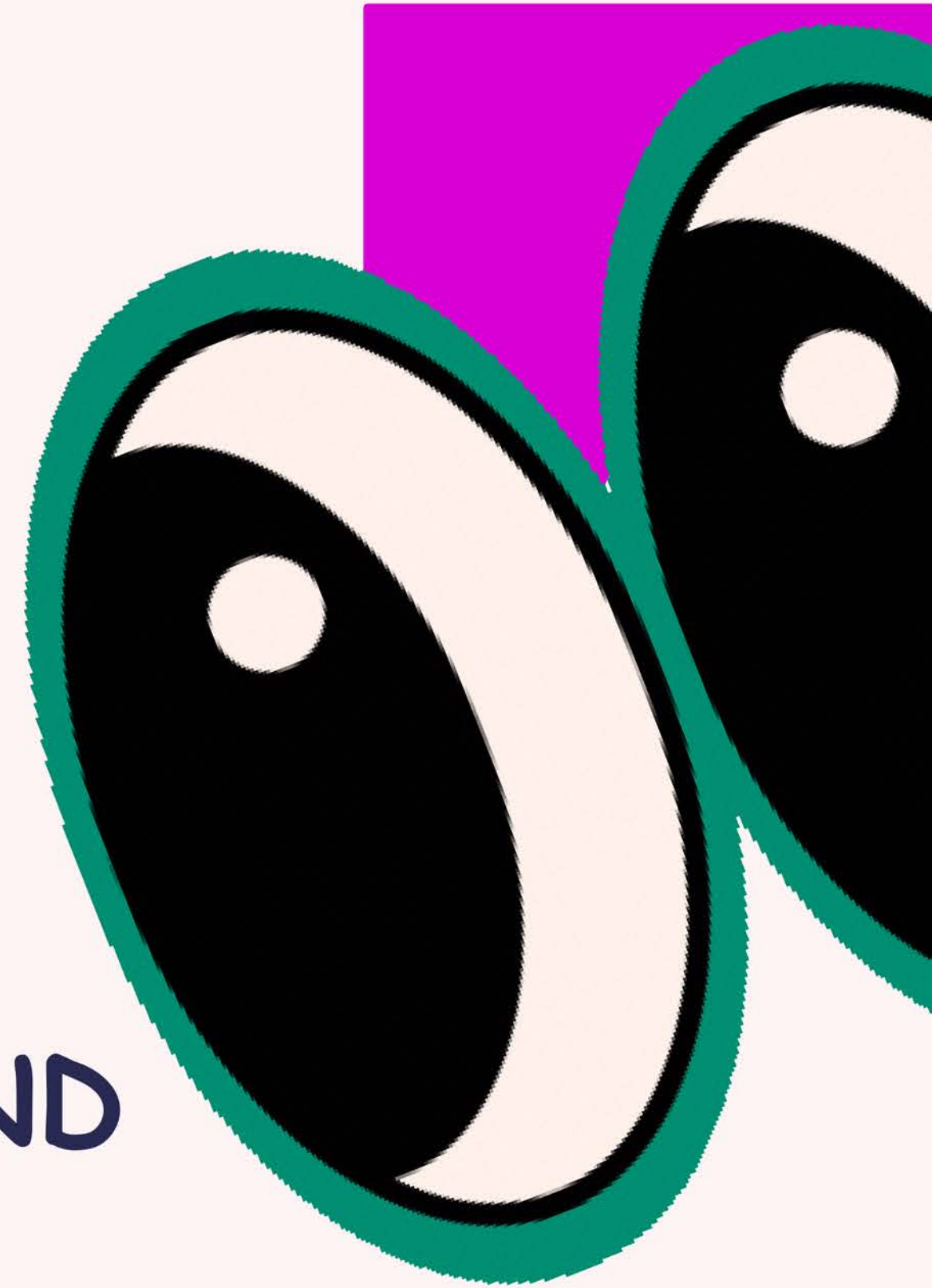
Resident Purpose & Routines Changed

TIME TO CHANGE



Seeing

SOMETHING BEYOND
YOUR PROGRAM
BIGGER





Have

fun!

Be

excited!

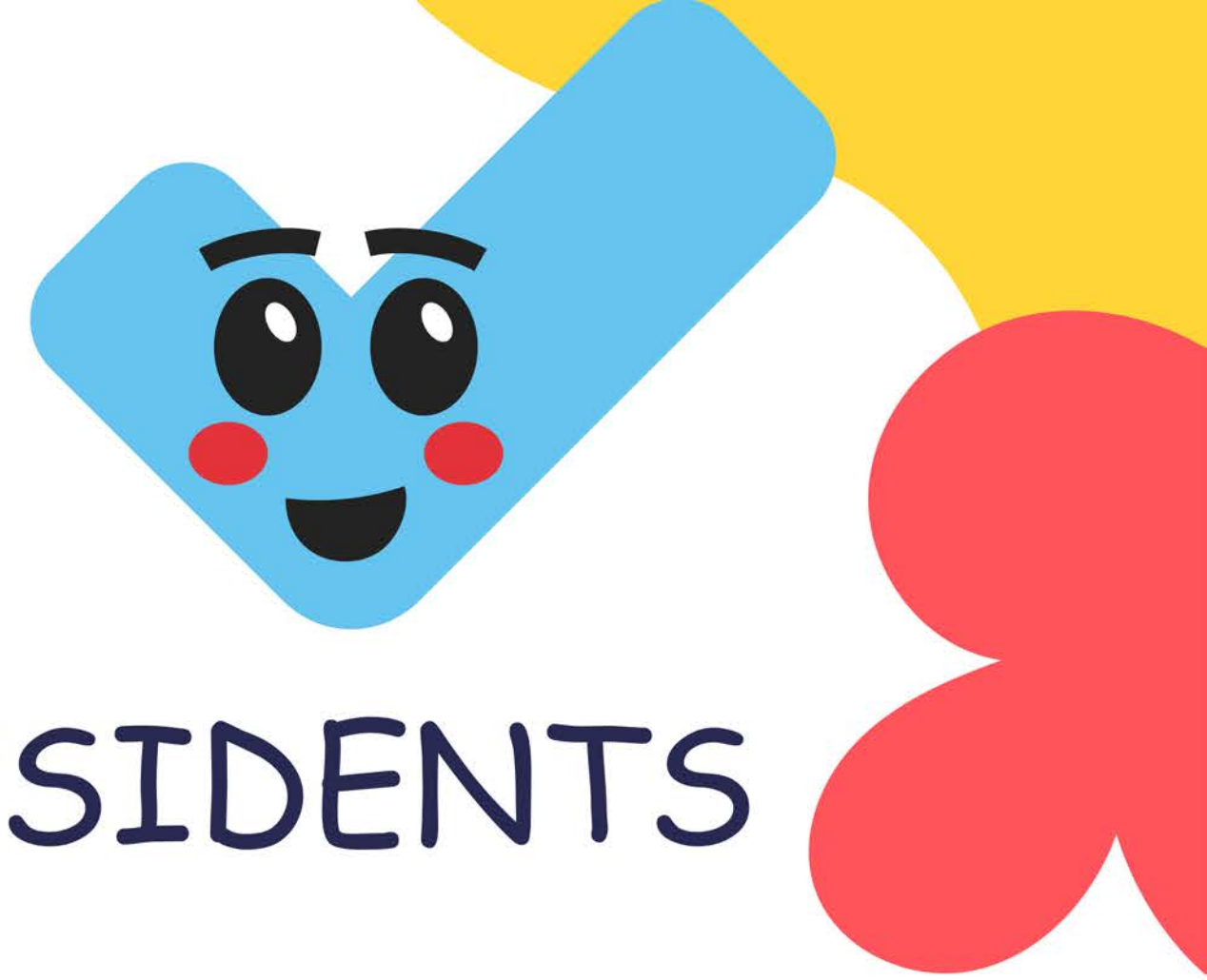
EVALUATE


- HOW DO YOU WANT YOUR RESIDENTS LIVING? CAN YOU ENVISION DIFFERENT? BETTER?
- CHECK ATTENDANCE ON PROGRAMS
- WHAT RESIDENTS ARE REPORTING
- SURVEY





EVALUATE



- TIME OF DAY BEST FOR RESIDENTS
 - WHAT ARE THEIR NEEDS?
 - HOW YOU ARE UTILIZING YOUR STAFF
 - ARE THE STAFF BUSY? BUSY WITH THE "RIGHT THINGS" STAFF HOURS/DAYS
- 

EVALUATE

- LOOK AT SPACES YOU USE FOR PROGRAMS
- LOOK AT DOWNTIMES
- LOCATION OF RESIDENTS TO WHERE PROGRAMS ARE
- EQUIPMENT





EVALUATE



- YOUR GOALS FOR EACH ANSWER;
BEST FOR RESIDENT
 - YOUR COMPANIES GOAL / FOCUS
 - ARE YOU ORGANIZED FOR SUCCESS
- 

**Be creative on what
you have**

Trial your ideas

**Involve your staff &
get their buy in**

**Don't be afraid of
change**

**Work smarter, not
harder**

**Don't do something if
you won't be using it**



**QUICK
TIPS**

RESIDENT INTERESTS



**NEED TO PLAN WHAT
RESIDENTS LIKE!**

**RESIDENT BASED
PROGRAMMING**

**CAN YOU GAURANTEE YOUR
ACTIVITY DIRECTORS ARE
PROGRAMMING BY RESIDENT
INTEREST?**

Last Name	First	RM #	Mom & Job	Dad & Job	Home	Family Life	Clubs Volunteer	Religion	Food	Sports	Job School	Pets	Travel	Music	Odds and Ends	Vet
A			Kate-homemaker	H.P.	Independence, Kansas	siblings: Terri, Joanne, Married to Rose 7/5/2000. His kids-Shelly & Bobby.	Knights of Columbus, fish fries, coached kids basketball, organized golf tournaments	Catholic Sacred Heart of Valley Park, Mass weekly. Father Denny Schaub. Rosary. Stations of the Cross.	ALLERGY: Shellfish. LIKES: caffeine free diet pepsi, orange juice, ketchup, mustard, chocolate, cookies, cashews, granola, iced tea. Likes to graze/snack throughout day.	play: softball, golf, bowling (was quite good), fishing, walking, coached kids basketball watch: baseball (Cardinals), football (Rams, KS State), basketball (K State)	Masters in computer science (K State) & Executive MBA (Wash U). Information Systems for Southwestern Bell for 28 years, retired 5-5-05. Manager of Computer Operations & System Development.	dogs, cats, birds, fish. Jack-Miniature Schnauzer. STL Zoo.	cruise-royal caribbean, fly-Ireland, Greece	60's/70's Rock & Roll, Motown, loves to dance	Bridge. Likes to help with dishes, ironing, and fold towels. TV-Law & Order, House, Harry Potter. Gardening. Outings. Outside. Massage. Barbequing. Yard work. Weeding. Spending time with grandchildren. Reading books. Golf & Financial magazines.	no
B			Elizabeth	John custodian at school	Born - St Louis; Florissant with husbands, 2 daughters	Siblings: Pat, Betty, Joan, . Widowed - George, married Nov. '52. Children- Susan, Chris. Enjoys time with family, grandchildren	Bowling League	Roman Catholic, attended catholic high school. Attended mass weekly in past	Diabetic. Loves pancakes; sweets are a motivator - loves dessert, fruit. Drinks water, iced tea.	Play/watch golf, bowling league, walking (use to regularly walk in neighborhood)	High school - Rosati Kain; homemaker	N/A	N/A	Enjoys 1940s/50s- Big Band, Sinatra, Johnny Mathis	Light housekeeping - hates to cook, talk on phone. Enjoys time outside; knit, crochet. Likes to move at own pace. Husband owned a small printing business.	N/A
C			Self-housewife	Robert I - retired from Busch	St. Louis. May be better not to talk about. She will sometimes bring up the house she lived in next the firehouse in Kirkwood	Widowed-Loves kids, does not have any of own.	Interested in helping police and fire dept. events - grew up next to a firehouse in Kirkwood	Protestant	loves all food, but esp. juice (except for orange). Be careful not to let her take food to room - will hoard it & forget it's there	on bowling league. LOVES Wii bowling. Walking, general exercising. LOVES watching boxing and wrestling.	Housewife. Also worked service desk at Sears at Crestwood Plaza. High school education-went to Kirkwood and Webster Groves schools	Loves all animals. Pets - dogs Brindle, Ryan		plays organ. Likes 30's, 40's, 50's music. LOVES Elvis. Like sto watch musicals	made own clothes- esp. jackets; loves to watch: pro-wrestling, boxing, musical, old movies; gardening; bingo; slot machines, likes outings, drawing, spinning, knitting, crocheting; baking; household chores; yard work; sewing; puzzles; card games	no

Resident Interests

Updated 5/20/24

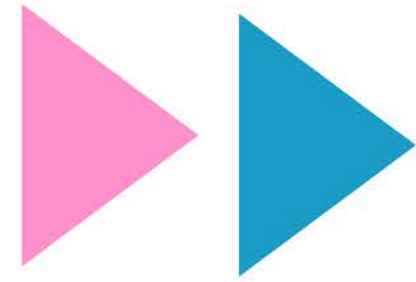
Name	Invite Code	New	Art	Music	Movies	Gardening	Mind Games	Active Game	Discussions/ Lectures	Exercise	Tech
	T			Classic	X	X			X	X	X
	T			Big Band					X		
	R		X	40, 50		X	X		X		
	E										
	T										
	I					X					
	R										
				X	X			X			
						X	X				
					X	X			X	X	X
						X	X			X	X
						X					
			X	X	X	X	X	X	X		
			X			X		X	X	X	X
						X	X				
				X		X	X	X	X	X	X

INVITE CODES

- I: Independent.** Reads schedule on own, attends preferred activities independently
- R: Remind** about or invite resident to activity- can find floor/ room independently at appropriate time
- T: Take** them to the elevator/down the hall and will seat themselves in activity. Also Remind/invite
- E: Escort** this resident to activity and assist with seating. Also remind/invite
- D: Do not invite.** This resident has requested not to be invited to activities

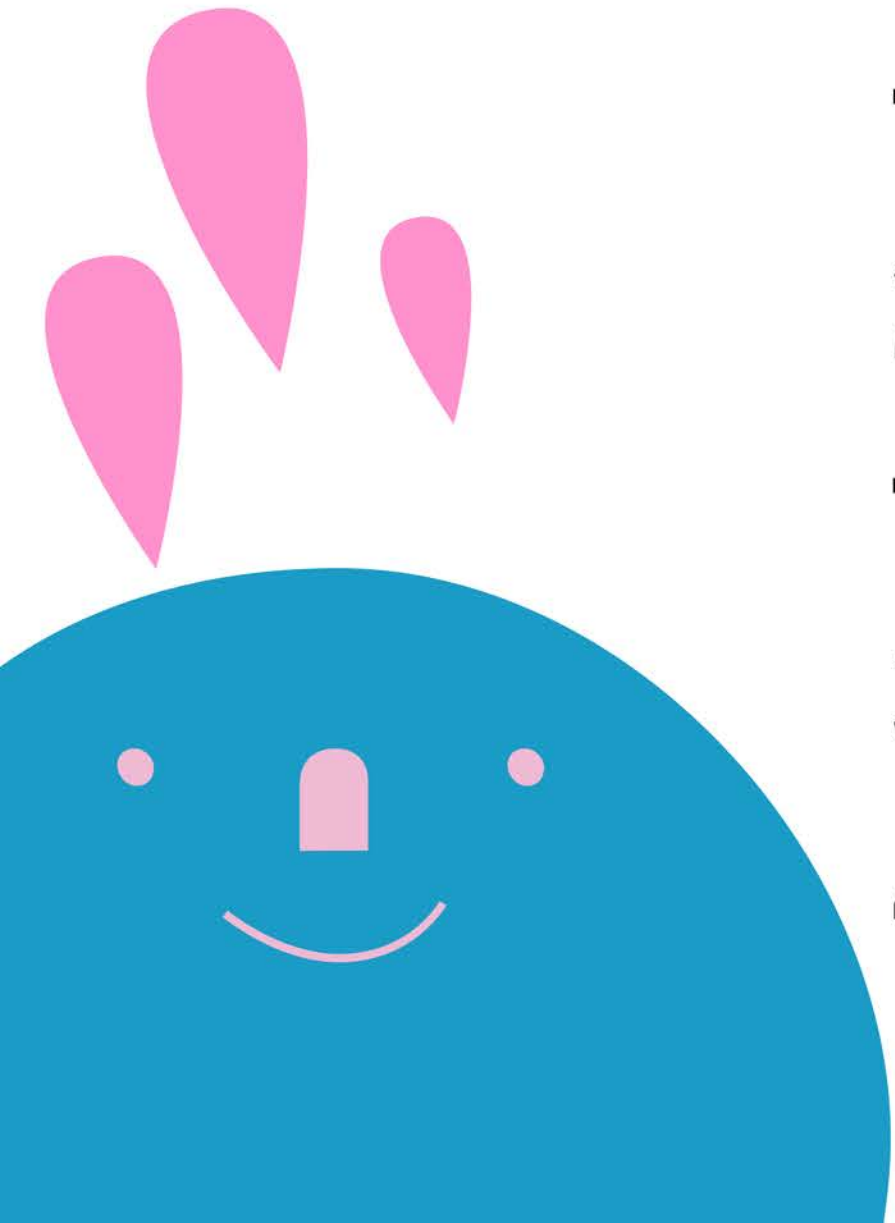
Target for 1:1's

RESIDENT INTERESTS



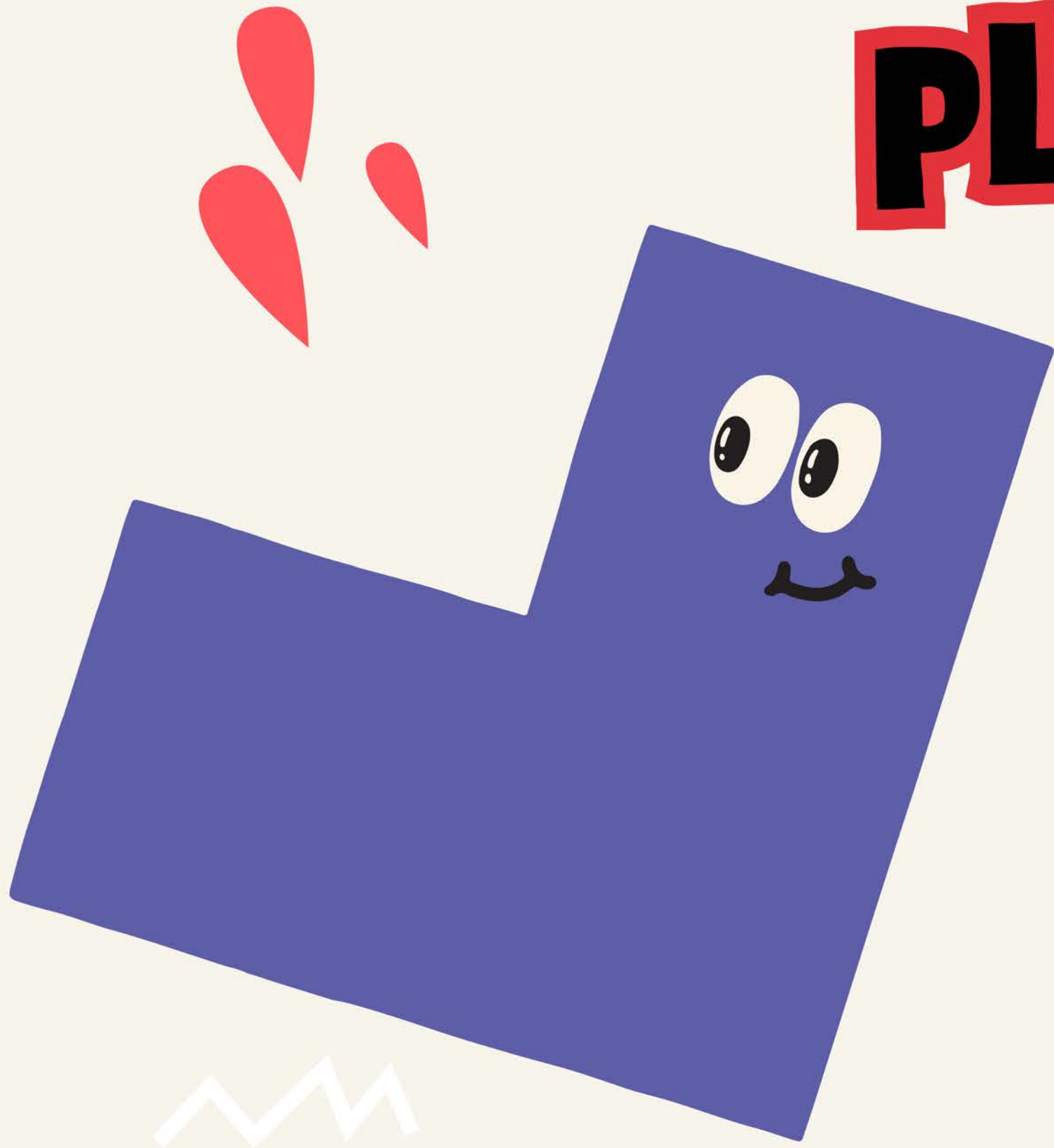
Examples:

- 1. Food Activity (cooking/social)- use what foods they prefer**
- 2. Do you have activities in the calendar they use to play or participate in**
- 3. Club/small group ideas to do**
- 4. Volunteer/service type activity ideas**



ACTIVITY SPECIFIC

PLANNING



Dance- Do Social Dancing

Theater- Do Theater Club

Wine - Do Wine Club

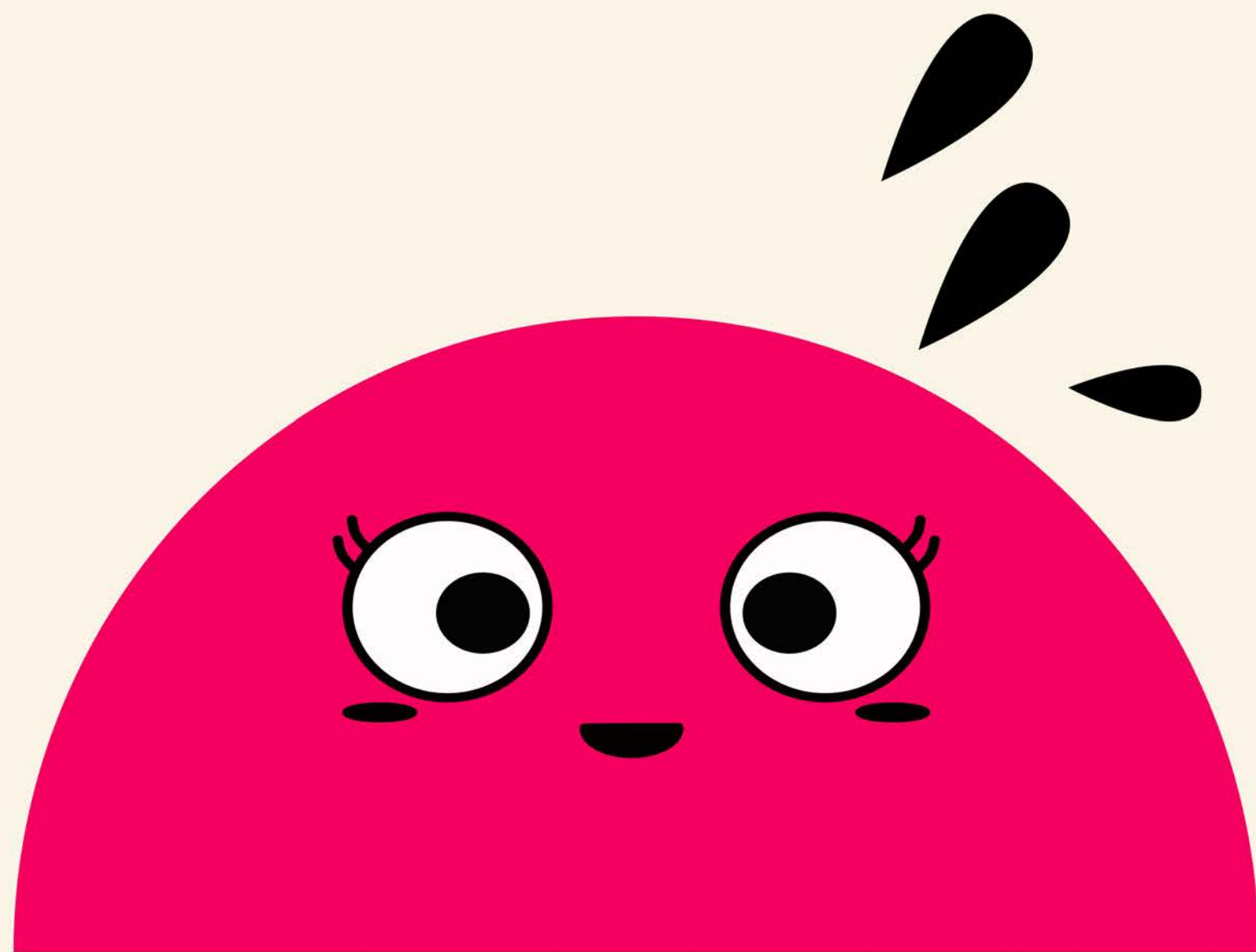
Golfer - Do Golf

Tap Dancer- get some taps!

Doctor- Do Medical Group

Loved Branson- Branson Day

Kids- bring in babies

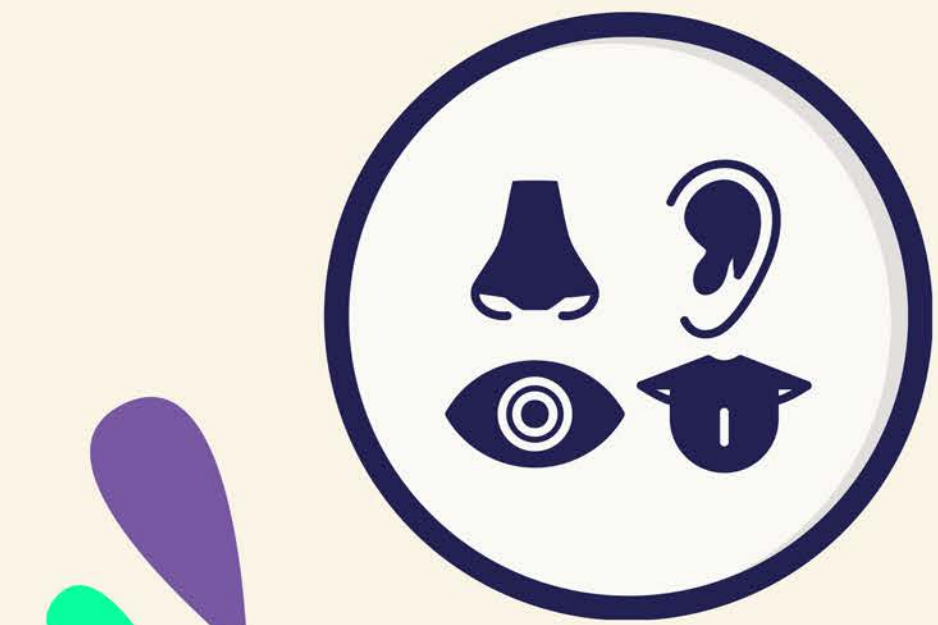


The **MAKE-OVER**

Write down your usual
activities

What can you add to
enhance them?

Props? A Theme? Food?
Location? Use of Technology



Encourage Activities
with Steps

HANDS
ON

**ACTIVITIES SHOULD NOT
ALL BE PASSIVE!**

EXAMPLES:

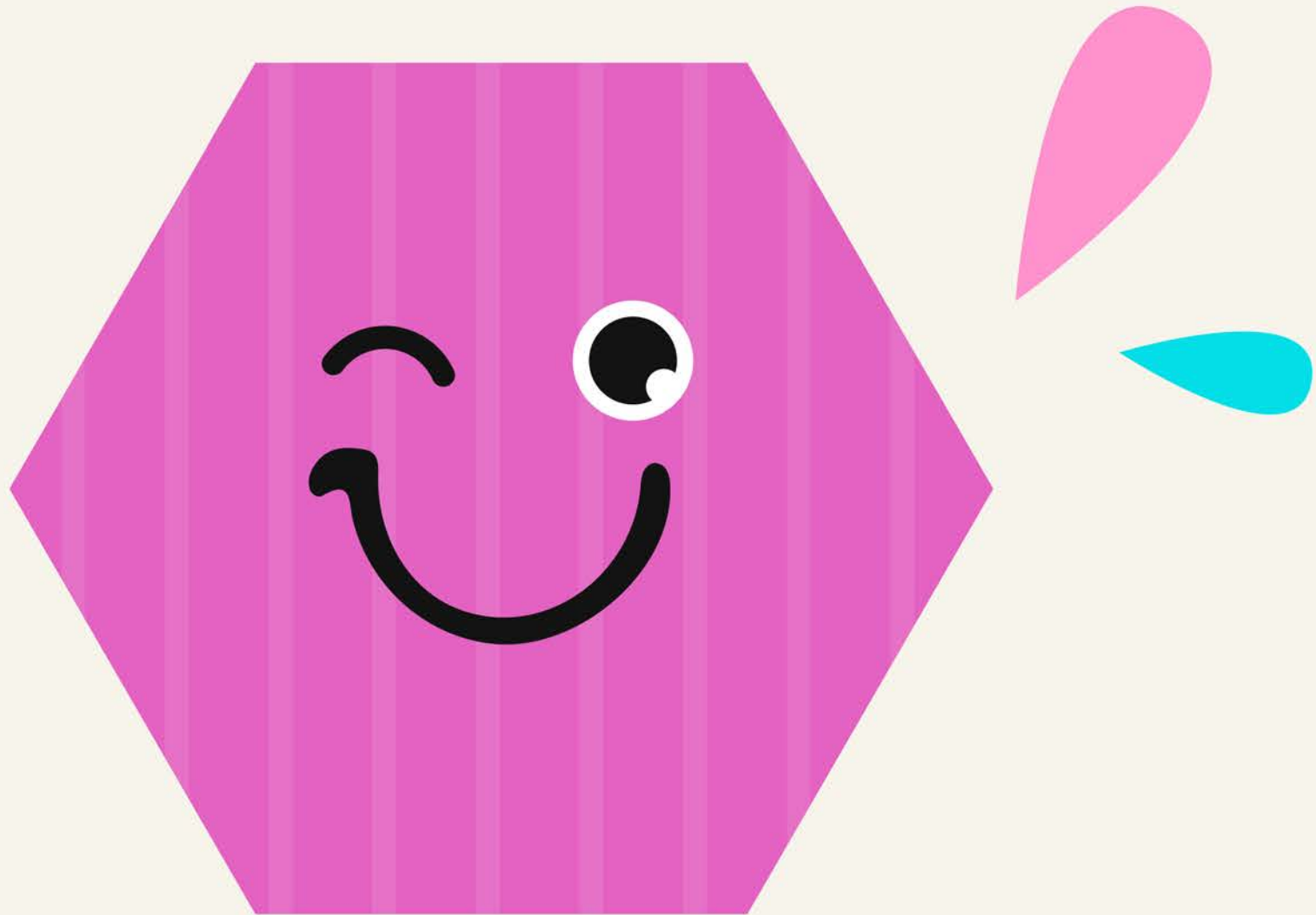
TV

**USING TV TO DO
ACTIVITY YOU-TUBE**

**LACK OF STAFF
ENGAGEMENT**

**Garden, Art, Games, Life
Tasks**

Creative Engagement



**LETTING RESIDENTS BE
CREATIVE WITHOUT
TELLING THEM WHAT TO
DO**



- *EXPLORE WITH ART**
- *SHARE STORIES BY PICS**
- *STORYTELLING**
- *DRAMA**
- *MUSIC**
- *MAKING- SCIENCE, WINE**

Technology

TIPS

Activity Sites- premade games & presentations for Big TV

Activity Connection, Golden Carers, Maria's Place, Canva, Prezi, New AI programs

Can make presentations through:

PowerPoint, Google Slides, Canva (Canva & Prezi have some completed ones)

Canva & Prezi also has some pre-made presentations that are games & mixers

You-tube - start account, create playlist for videos & pay for no ads

Sound effect apps

Program Structure

Topic:

Length of Activity:

Supplies Needed:

Preparation Needed:

How to Set-up:

Clean-up Tips:

Location:

1. Who?
2. Where?
3. When?
4. Why?
5. What?
6. How?

Does the Activity Need an Agenda?

Create this! This is to create organization. This helps during activity, your assistant will lead activity by your structure, and will be ready for next year!

Does my program have something: (Trigger Memory)

See-

Smell-

Taste-

Touch-

Hear-

A Correct Action with item-

Include in Activity: (Trigger Memory)

Videos/Visual Clips-

Slides/PowerPoint-

Music-

Props/Items (things to hold/see/move/do action/hear/feel)-

Pictures-

Handouts/Facts/trivia-

Game-

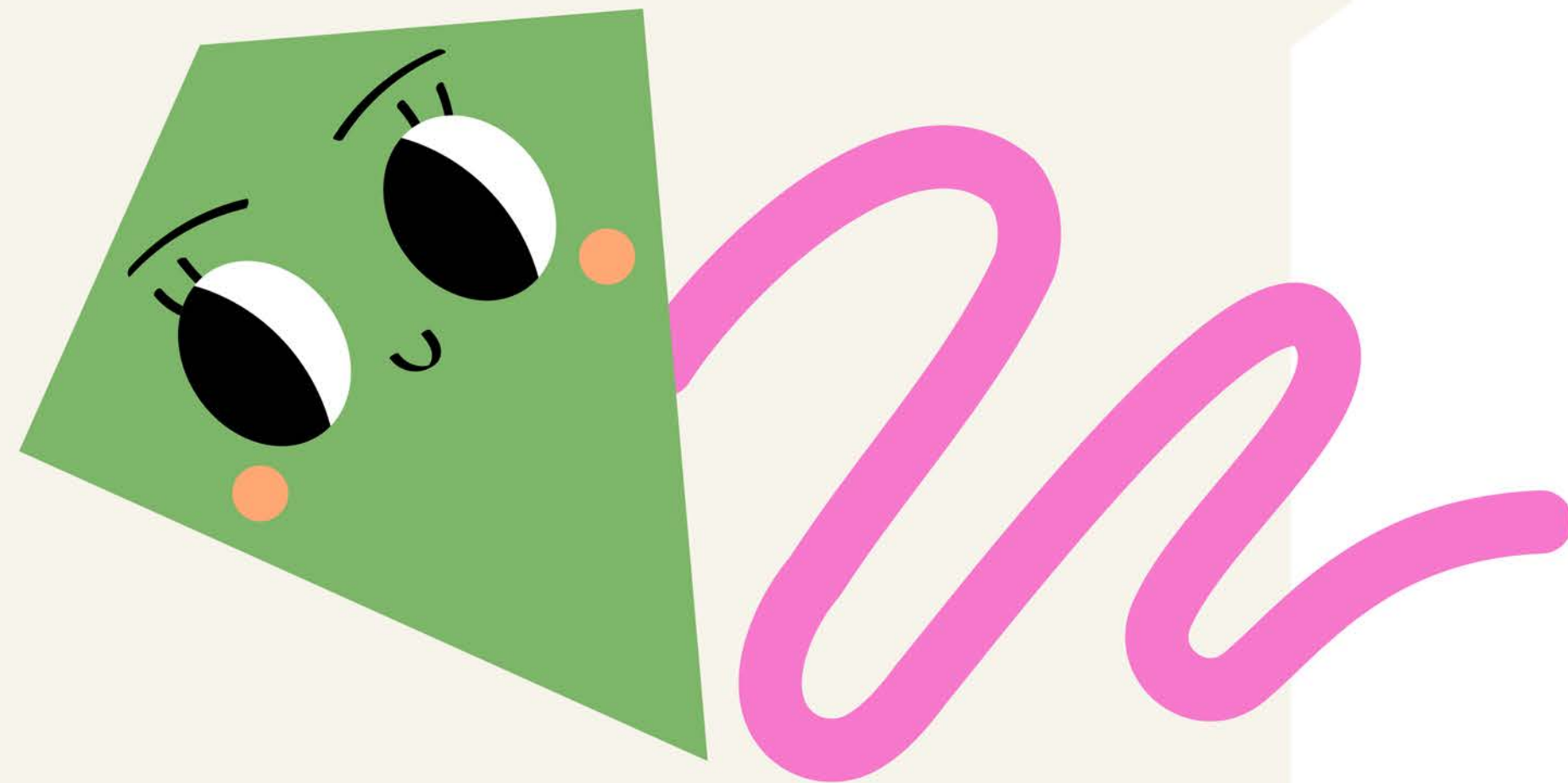
Craft-

Food or Smell item-

Program Structure Sheet

Uniting Staff

& Residents



**GOAL IS TO HAVE FUN
TOGETHER! HAVE STAFF
WANTING TO BE WITH THE
RESIDENTS**

**VARIETY SHOW
EASTER EGG HUNTS
COOK OFFS
GAME SHOWS
GAMES
AUCTIONS
TV SHOW IDEAS
FLY KITES
BAKE
DECORATE COOKIES**

Favorite **MY ACTIVITIES**

Bob Fosse

Shirley Temple

Hawaii Dances

History of Ballroom

Girl Scout Play for Badge

Photography project school

5 Calendar Programming

Cognitive level programming

NORTH POLE

HORSES/ANIMALS

HORSE & CARRIAGE

CAR SHOW

NEWCOMER COMMITTEE

VOLUNTEER COMMITTEE

GONG SHOW

TAP DANCE- AEROBICS CLASS

LET'S MAKE A DEAL

AUCTIONS

CLUB DAY

SINK OR FLOAT

MUSIC BUS RIDES



**Sharing!
Questions?
Thank you!**